pure coconut water* 250ml 50kcal still or sparkling mineral water* 330 / 750ml glass of Daylesford milk 250ml fresh organic milk from our grass-fed dairy herd Whole Milk 66kcal per 100ml Semi-skimmed Milk 47kcal per 100ml Skimmed Milk 32kcal per 100ml	4 2 2	3.5
juice of the day please ask your server for today's special, allergen and calorie information	6	
freshly squeezed orange juice 83kcal per 250ml	6	
freshly squeezed celery juice 18kcal per 250ml	6	
SMOOTHIES 250ml	6	
green: almonds, avocado, spinach, dates, almond butter, maca 245kcal		
berry: blueberries, cashews, banana, dates, almond butter, açaí, linseed 133kcal		
COLD PRESS 250ml	6	
b green: cucumber, spinach, lime, parsley, mint, aloe vera 53kcal		
b bold: green apple, beetroot, orange, turmeric, ginkgo biloba 100kcal		
b bright: carrots, apples, celery, lemon, ginger, ginseng 75kcal		
b balanced: apple, cucumber, leafy greens, celery, lemon, ginger 48kcal		
turmeric & ginger shot 50ml 28kcal	4	
COLD PRESS NUT BLENDS 250ml nut latte: cashews, cold brew coffee, dates, vanilla, Himalayan salt* 209kcal golden: almonds, dates, ginger, turmeric, bee pollen, peppercorns 190kcal cacao: hazelnuts, cashews, maple syrup, cacao, maca, Himalayan salt* 163kcal	6	
matcha: cashews, honey, vanilla, matcha, Himalayan salt* 190kcal		
PRESSED JUICES 250ml apple 120kcal / grape 170kcal / apple & bilberry 120kcal pink grapefruit 102.5kcal / apricot nectar 120kcal / tomato 48kcal	4	

SPARKLING cloudy lemonade 116kcal / ginger beer 102kcal elderflower 119kcal	3	
drink 420 elderflower & lime 250ml 15mg CBD & CBD infused sparkling water, 33kcal	3	
The Club at Daylesford alcohol-free sparkling rosé 0.0%	6 6	
The Club at Daylesford alcohol-free sparkling white 0.0%	O	
MILK KEFIRS 250ml	5	
Naturally fermented organic milk with the live cultures we love.  Made from the milk of our grass-fed pedigree British Friesian dairy herd.  natural 175kcal / blueberry & açaí 175kcal  ginger, turmeric & honey 200kcal		
KOMBUCHA 275ml	4	
Kombucha is an ancient fermented drink made from sweetened tea. A naturally carbonated brew which combines sweet and sour in one refreshing mouthful. An excellent source of natural probiotics.		
original 41kcal / ginger 34kcal		
raspberry & elderflower 35kcal contains traces of alcohol		
HAND-ROAST COFFEE		
We have non-homogenised organic cow's milk from our farm as well as almond and oat alternatives.		
We have non-homogenised organic cow's milk from our farm as well as almond and oat alternatives.  espresso 2kcal	3.5	
We have non-homogenised organic cow's milk from our farm as well as almond and oat alternatives.  espresso 2kcal macchiato 8kcal	3.5	
We have non-homogenised organic cow's milk from our farm as well as almond and oat alternatives.  espresso 2kcal macchiato 8kcal flat white 90kcal	3.5 4	
We have non-homogenised organic cow's milk from our farm as well as almond and oat alternatives.  espresso 2kcal macchiato 8kcal flat white 90kcal piccolo 71kcal	3.5 4 3.75	15
We have non-homogenised organic cow's milk from our farm as well as almond and oat alternatives.  espresso 2kcal macchiato 8kcal flat white 90kcal piccolo 71kcal cappuccino 91kcal / 183kcal	3.5 4	4.5
We have non-homogenised organic cow's milk from our farm as well as almond and oat alternatives.  espresso 2kcal macchiato 8kcal flat white 90kcal piccolo 71kcal	3.5 4 3.75 4	4.5 4.5 4.25
We have non-homogenised organic cow's milk from our farm as well as almond and oat alternatives.  espresso 2kcal macchiato 8kcal flat white 90kcal piccolo 71kcal cappuccino 91kcal / 183kcal latte 91kcal / 183kcal	3.5 4 3.75 4	4.5
We have non-homogenised organic cow's milk from our farm as well as almond and oat alternatives.  espresso 2kcal macchiato 8kcal flat white 90kcal piccolo 71kcal cappuccino 91kcal / 183kcal latte 91kcal / 183kcal americano 3kcal / 3kcal	3.5 4 3.75 4 4 3.75	4.5 4.25
We have non-homogenised organic cow's milk from our farm as well as almond and oat alternatives.  espresso 2kcal macchiato 8kcal flat white 90kcal piccolo 71kcal cappuccino 91kcal / 183kcal latte 91kcal / 183kcal americano 3kcal / 3kcal mocha 150kcal	3.5 4 3.75 4 4 3.75 4.5	4.5 4.25
We have non-homogenised organic cow's milk from our farm as well as almond and oat alternatives.  espresso 2kcal macchiato 8kcal flat white 90kcal piccolo 71kcal cappuccino 91kcal / 183kcal latte 91kcal / 183kcal americano 3kcal / 3kcal mocha 150kcal extra shot 2kcal	3.5 4 3.75 4 4 3.75 4.5	4.5 4.25
We have non-homogenised organic cow's milk from our farm as well as almond and oat alternatives.  espresso 2kcal macchiato 8kcal flat white 90kcal piccolo 71kcal cappuccino 91kcal / 183kcal latte 91kcal / 183kcal americano 3kcal / 3kcal mocha 150kcal extra shot 2kcal  HOT DRINKS hot chocolate 127kcal / 253kcal matcha latte 85kcal	3.5 4 3.75 4 4 3.75 4.5 0.75	4.5 4.25 5.5
We have non-homogenised organic cow's milk from our farm as well as almond and oat alternatives.  espresso 2kcal macchiato 8kcal flat white 90kcal piccolo 71kcal cappuccino 91kcal / 183kcal latte 91kcal / 183kcal americano 3kcal / 3kcal mocha 150kcal extra shot 2kcal  HOT DRINKS hot chocolate 127kcal / 253kcal matcha latte 85kcal made with almond alternative	3.5 4 3.75 4 4 3.75 4.5 0.75	4.5 4.25 5.5 5.25
We have non-homogenised organic cow's milk from our farm as well as almond and oat alternatives.  espresso 2kcal macchiato 8kcal flat white 90kcal piccolo 71kcal cappuccino 91kcal / 183kcal latte 91kcal / 183kcal americano 3kcal / 3kcal mocha 150kcal extra shot 2kcal  HOT DRINKS hot chocolate 127kcal / 253kcal matcha latte 85kcal	3.5 4 3.75 4 4 3.75 4.5 0.75	4.5 4.25 5.5
We have non-homogenised organic cow's milk from our farm as well as almond and oat alternatives.  espresso 2kcal macchiato 8kcal flat white 90kcal piccolo 71kcal cappuccino 91kcal / 183kcal latte 91kcal / 183kcal americano 3kcal / 3kcal mocha 150kcal extra shot 2kcal  HOT DRINKS hot chocolate 127kcal / 253kcal matcha latte 85kcal made with almond alternative hazelnut rum hot chocolate*	3.5 4 3.75 4 4 3.75 4.5 0.75 4.75 4.5	4.5 4.25 5.5 5.25